

SUGAR-FREE ALMOND COOKIES

RECIPE

INGREDIENTS

1 cup raw almond butter

3/4 cup sugar substitute

1 large egg (room temperature)

INSTRUCTIONS

- 1. Pre-heat oven to 350 degrees Fahrenheit
- 2. Line sheet with parchment paper
- 3. Warm almond butter in microwave for 15 seconds, until consistency is thinner.
- 4. In large mixing bowl, combine all ingredients and mix until well combined.
- 5. Using small cookie scooper or hands, form dough balls and place on cookie sheet 3-4 inches apart.
- 6. Press each ball into a cookie shape and press down with a fork.

